Medicine and Science
Summer Reading

Exhibit by:
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Welcome to Dana Medical Library’s First Summer Reading Program!

Summer Reading is not a new idea at all. It actually evolved alongside the cultural development of the modern American vacation in the 19th century.

Whether you’re looking for a good summer read to escape the pressures of work or as a first step in self-improvement, check out Dana’s collection of best sellers, popular local authors, light summer fiction, time-honored classics, or even cookbooks with cool summertime recipes… all with a medical or science connection!
The tragic collision of Western Medicine and the Hmong Culture.
UVM First Year Summer Reading

2014: The Ghost Map

A fascinating medical detective story.
2013: *Cooked*

Fire + Water + Air + Earth = 4 basic elements of cooking; Cooking = best defense against obesity.
2011: The Immortal Life of Henrietta Lacks

A convergence of ethics, race, economics, education, and one of the most important medical discoveries of the 20th century.
Bestselling Authors

Brain on Fire: My Month of Madness (2012) Susannah Cahalan
A memoir of a descent into madness.

Foreign Body (2008)
Robin Cook
“Master of the medical thriller”
—The New York Times
Bestselling Authors

On The Move: A Life
(2015) Oliver Sacks
“Poet Laureate of Medicine”
–The New York Times

Being Mortal
(2014) Atul Gawande
A valuable addition to the literature on the topics of aging, death and dying.
Monday Mornings
(2012) Sanjay Gupta
Fictional account of weekly Morbidity and Mortality (M+M) Reports.

The Curious Incident of the Dog in the Night-time
(2003) Mark Haddon
Best-selling novel honored with 5 Tony Awards, including 2015 Best Broadway Play.
Bestsellers

Still Alice
(2007) Lisa Genova

The Impossible Knife of Memory
(2014) Laurie Halse Anderson
A gritty, authentic, look at PTSD through the eyes of a teenager.

Cutting for Stone
(2009) Abraham Verghese
Family saga of love, medicine, and exile.
Local
Phineas Gage: A Gruesome but True Story about Brain Science
(2002) John Fleischman
A horrible accident in Vermont.

Musings of a Vermont Nutritionist
(2010) Lyn Carew
A commonsense approach to nutrition and health by an award-winning nutrition educator/ UVM Emeriti faculty.

Midwives
(1997) Chris Bohjalian
Oprah’s Book Club selection.

Bag Balm and Duct Tape
(1988) Beach Conger
“Engaging blend of rustic wisdom and big-city know-how”
-Publishers Weekly

The Inquest
A fictional account of a young Burlington, VT woman in 1830 who chose to terminate her pregnancy.

The Grass Grew Greener
(2009) Harry M. Rowe with Terry Hoffer
Life and times of a small town Vermont physician.

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Classics

Sylvia Plath - The Bell Jar
Abraham Verghese - My Own Country
Susan Sontag - Illness as Metaphor and AIDS and Its Metaphors
Sherwin B. Nuland - The Art of Aging
Albert Camus - The Plague
Anton Chekhov - Ward Number Six and Other Stories
William Carlos Williams - The Doctor Stories
Samuel Shem - The House of God
Library Staff Recommendations

Man’s Search for Meaning
(2006) Victor E. Frankl

"Discovering the why and the will to live in the midst of great suffering and doubt will open to a meadow of inner light and love as one begins to care for others and the word, Yes."
- Craig Chalone, Access Services, Dana Medical Library

Sex on the Brain
(1998) Deborah Blum

Using a transdisciplinary lens, Deborah Blum explores seemingly disparate areas (such as immunology and sex, for example) and links them in an unexpected, surprising and enjoyable book. I enjoyed the author’s writing style and found the information to be interesting and far removed from the tabloid differences magazines use to espouse the differences between men and women.
- Colin McClung, Access Services, Dana Medical Library
Summer Reading: Exhibit Sources

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Fadiman, Anne. The Spirit Catches You and You Fall Down, WL 385 F145s 2012.
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Kesey, Ken. One Flew Over the Cuckoo's Nest, 2012.